

Annatto extract and β -carotene modulate the production of reactive oxygen species/nitric oxide in neutrophils from diabetic rats

Joamyr Victor Rossoni-Júnior,¹ Glauco Rodrigues Araújo,¹ Bruno da Cruz Pádua,¹ Miriam Martins Chaves,² Maria Lúcia Pedrosa,^{1,3} Marcelo Eustáquio Silva^{1,4} and Daniela Caldeira Costa^{1,3,*}

¹Programa de Pós Graduação em Ciências Biológicas, ²Departamento de Ciências Biológicas, Instituto de Ciências Exatas e Biológicas and ⁴Departamento de Alimentos Universidade Federal de Ouro Preto, 35400-000, Ouro Preto, MG, Brazil
³Departamento de Bioquímica e Imunologia, Universidade Federal de Minas Gerais, Belo Horizonte, MG, Brazil

(Received 15 April, 2011; Accepted 19 June, 2011)

Annatto has been identified as carotenoids that have antioxidative effects. It is well known that one of the key elements in the development of diabetic complications is oxidative stress. The immune system is especially vulnerable to oxidative damage because many immune cells, such as neutrophils, produce reactive oxygen species and reactive nitrogen species as part of the body's defense mechanisms to destroy invading pathogens. Reactive oxygen species/reactive nitrogen species are excessively produced by active peripheral neutrophils, and may damage essential cellular components, which in turn can cause vascular complications in diabetes. The present study was undertaken to evaluate the possible protective effects of annatto on the reactive oxygen species and nitric oxide (NO) inhibition in neutrophils from alloxan-induced diabetic rats. Adult female rats were divided into six groups based on receiving either a standard diet with or without supplementation of annatto extract or beta carotene. All animals were sacrificed 30 days after treatment and the neutrophils were isolated using two gradients of different densities. The reactive oxygen species and NO were quantified by a chemiluminescence and spectrophotometric assays, respectively. Our results show that neutrophils from diabetic animals produce significantly more reactive oxygen species and NO than their respective controls and that supplementation with beta carotene and annatto is able to modulate the production of these species. Annatto extract may have therapeutic potential for modulation of the balance reactive oxygen species/NO induced by diabetes.

Key Words: diabetes, annatto, neutrophils, reactive oxygen species, nitric oxide

Oxidative stress is defined as an imbalance in prooxidants and antioxidants, which results in macromolecular damage and disruption of redox signaling and control pathways.⁽¹⁾ There is a growing amount of evidence that, in diabetes, the excess generation of highly reactive free radicals, which is largely due to hyperglycemia, causes oxidative stress, further accelerating the development and progression of the disease and its complications.^(2,3)

The immune system is especially vulnerable to oxidative damage because many immune cells, such as neutrophils, produce reactive oxygen species (ROS) and reactive nitrogen species (RNS) as part of the body's defense mechanisms to destroy invading pathogens.⁽⁴⁾ It is well known that the function of neutrophils is altered in diabetes; one of the major functional changes in neutrophils in diabetes is the increased generation of extracellular superoxide and ROS. The chronic hyperglycemia resulting from

poorly controlled diabetes can prime neutrophils and monocytes, resulting in an exaggerated inflammatory response and tissue damage.^(5,6) Neutrophils are also capable of the production and release of nitric oxide (NO).^(7,8) The functional role of NO depends on both its concentration and its association with other biological molecules and proteins. NO and ROS can act separately or combine to form the highly toxic peroxynitrite.⁽⁹⁾ Peroxynitrite is a potentially toxic species that has a different set of targets.⁽¹⁰⁾ Antioxidant systems prevent the uncontrolled formation of free radicals and reactive oxygen species or inhibit their reactions with biological structures.⁽¹¹⁾ The efficiency of this defense mechanism is altered in diabetes.⁽¹²⁾ The protective effects of exogenously administered antioxidants have been extensively studied in various animal models of diabetes in recent years, and the beneficial effects of numerous antioxidants, mainly from plant sources, have been demonstrated.⁽¹³⁾

The carotenoids constitute a family of pigmented compounds that are synthesized by plants and microorganisms;⁽¹⁴⁾ they are responsible for scavenging free radicals and therefore act as antioxidants under conditions of reduced oxygen *in vitro* and *in vivo*. A wealth of scientific evidence links the antioxidant properties of carotenoids with their beneficial effects on chronic diseases including diabetes.⁽¹⁵⁾ In this context, *Bixa orellana*, a shrub native to tropical America, is a rich source of orange-red pigments that have been widely used by the food color industry. These pigments are commercially known as annatto (E160b), and their main colored component is bixin (C₂₅H₃₀O₄).⁽¹⁶⁾ After ingestion of annatto, bixin levels reach high concentrations in human plasma and are completely cleared in 8 h.⁽¹⁷⁾ Thus, the bixin present in processed foods may be an important nutritional factor that can promote human health. Some of the components of annatto have been identified as carotenoids that have antioxidative and anticarcinogenic effects.^(18,19) However, the effects of annatto on oxidative stress in diabetic models have not been completely investigated. Therefore, the objective of this study was to assess the production of ROS and NO in neutrophils from diabetic rats treated with β -carotene (reference compound) and an annatto extract. The results of this work provide new perspectives on the use of annatto as a possible modulator in the production these species in neutrophils of diabetic rats.

*To whom correspondence should be addressed.
E-mail: dani.caldeiracosta@gmail.com

Materials and Methods

Chemical reagents. The chemical reagents, including alloxan (2,4,5,6-tetraoxypyrimidine; 5,6-dioxuracil), luminol (5-amino-2,3-dihydro-1,4-phthalazinedione), diphenylene iodonium (DPI), Zymosan (ZC3b) and β -carotene (synthetic trans- β -carotene type I – C9750) were purchased from Sigma-Aldrich (St. Louis, MO). Leukopaque and Monopaque gradients were obtained from Bion LTDA, Brazil.

Animals. The Laboratory of Experimental Nutrition from the Federal University of Ouro Preto (UFOP) provided the female albino Fisher rats used in the experiment; the animals were approximately 13 weeks old and weighed about 192 g. All animals were kept in collective cages (four per cage) placed in an environment with the temperature maintained at 22–28°C and a photoperiod of 12 h; they received either a modified standard rat diet (AIN-93M) Reeves *et al.*⁽²⁰⁾ or a modified standard rat diet with supplementation and water *ad libitum*. This work was carried out in accordance with the international standards of animal protection and with the ethical principles of the Brazilian College of Animal Experimentation⁽²¹⁾ and was approved by the Ethics Committee on Animal Use (CEUA) of UFOP (OF 01/2009 and OF 011/2009).

Diabetes induction. To induce diabetes, we treated rats intraperitoneally with 150 mg/kg alloxan (ALX) dissolved in 0.2 mL NaCl (0.01 M, pH 4.5). The control animals received an intraperitoneal injection of NaCl. Three days after administration of ALX, blood samples were collected to confirm the development of diabetes. Animals with glucose levels above 400 mg/dL (22.24 mmol/L) were considered diabetic. Biochemical analyses of plasma glucose concentrations and glycosylated hemoglobin content were performed using commercially available spectrophotometric assays (Labtest, Minas Gerais, Brazil and Katal, Minas Gerais, Brazil, respectively).

Diets and experimental design. Forty-eight rats were distributed into six groups according to the treatment they received. The control (C) and diabetic (D) groups were fed the modified standard diet AIN-93M, the control + annatto extract (CAn) and diabetic + annatto extract (DAn) groups received the standard diet including 0.09% annatto extract, and the control + β -carotene (C β car) and diabetic + β -carotene (D β car) groups received the standard diet including 0.1% β -carotene. The length of treatment was 30 days. In this experiment, we used a macerated, mechanically extracted form of annatto seed (known commercially as bixin pie) that was kindly provided by the company Corantec Dye Natural Ltda, Sao Paulo, Brazil. This mash was termed annatto extract (An). The concentration of bixin in the annatto extract was 2.17 gramas/100 g. The composition of experimental diets was presented on Table 1.

Isolation of polymorphonuclear leukocytes. Blood was obtained by bleeding of the brachial plexus and was collected in heparinized tubes. The neutrophils were then isolated using two gradients of different densities, Monopaque ($d = 1.08$) and Leukopaque ($d = 1.12$), according to the procedure of Bicalho *et al.*⁽²³⁾ with minor modifications. The cell viability of each sample was determined by trypan blue exclusion and was always greater than 95%.

In vitro test. In this experimental procedure, 1×10^6 neutrophils in 1 mL of PBS were incubated with 500 μ L of luminol (10^{-4} M) for 10 min in siliconized glass tubes. The photons emitted were recorded at every minute for 1 min using the internal printer of the luminometer. After running the reaction for the initial 10 min, 100 μ L of extract annatto (0.1 μ g/100 μ L) or β -carotene (0.1 μ g/100 μ L) was added. For all tests, the final volume was adjusted to 700 μ L with PBS (pH 7.35). The chemiluminescence was recorded for 30 min.

In vivo tests.

Quantification of ROS. To evaluate the generation of ROS, we performed a chemiluminescence assay based on the amplification of luminol during the activation of phagocytic cells as described by Chaves *et al.*⁽²⁴⁾ Luminol reacts with ROS generated by neutrophils to produce an excited aminophthalate anion that emits light when returning to ground state.⁽²⁵⁾ It is well established that luminol measures $O_2^{\cdot-}$ ⁽²⁶⁾ although to detect ROS in general.⁽²⁷⁾

Briefly, neutrophils (1×10^6 cells in Hank's solution, pH 7.35) were incubated with 500 μ L of 10^{-4} M luminol for 30 min in siliconized tubes. The photons emitted during this period were recorded every minute using an internal luminometer printer. Values were expressed as RLU/30 min.

Quantification of nitric oxide. The quantification of nitric oxide was performed by nitrite determination in granulocytes (1×10^6 /mL) using commercially available spectrophotometric assays (BioAssay systems, CA).

In ex-vivo test. In this experimental procedure, 1×10^6 neutrophils in 1 mL of PBS were incubated with 500 μ L of luminol (10^{-4} M) for 10 min in siliconized glass tubes. A luminol [Sigma Co.] stock solution was made by dissolving 1.77 mg of luminol in 1.0 mL of dimethyl sulfoxide (DMSO) to give a final concentration of 10^{-2} M. Before use, this solution was further diluted to 10^{-4} M in PBS (pH 7.4). The photons emitted were recorded at every minute for 10 min using the internal printer of the luminometer. After running the reaction for the initial 10 min, 100 μ L of DPI (10^{-4} M) or 50 μ L of opsonized zymosan particles (13 mg/mL) was added. For all tests, the final volume was adjusted to 700 μ L with PBS (pH 7.35). The chemiluminescence measurements were performed in a luminometer (Lumat, LB 9507, Berthold, Germany). The chemiluminescence was recorded

Table 1. Compositions of experimental diets (gramas/Kg)

Composition	Standard diet modified AIN-93M	Standard diet with supplementation of β -carotene	Standard diet with supplementation of annatto extract
Choline	2.5	2.5	2.5
Vitamin mixture ¹	10.0	10.0	10.0
Mineral mixture ²	35.0	35.0	35.0
Cellulose	50.0	50.0	50.0
Casein	140.0	140.0	140.0
Soybean oil	40.0	40.0	40.0
Cornstarch	722.5	721.5	721.6
β -carotene	—	1.0	—
Annatto extract	—	—	0.9
Energy content (kcal/kg) ³	3810	3806	3806.4

¹Vitamin and ²Mineral mixture followed the recommendation of the Association of Official Analytical Chemists.⁽²²⁾ ³Conversion factors: protein: 4 kcal/g, fat: 9 kcal/g, carbohydrate: 4 kcal/g.

Table 2. Evaluation of body weights (initial and final), plasma glucose and glycosylated hemoglobin levels in non-diabetic and diabetic rats that were left untreated or treated with annatto extract and β -carotene

	Initial body weight (g)	Final body weight (g)	Glucose (mmol/L)	Glycosylated hemoglobin (%)
C	191.0 \pm 15.1	245.7 \pm 14.6 ^(a)	6.30 \pm 0.14 ^(c)	3.01 \pm 0.51 ^(e)
CAn	193.0 \pm 14.7	237.1 \pm 24.3 ^(a)	8.09 \pm 0.45 ^(c)	2.81 \pm 0.27 ^(e)
C β car	190.2 \pm 12.9	241.5 \pm 18.5 ^(a)	6.41 \pm 0.31 ^(c)	3.14 \pm 0.59 ^(e)
D	191.2 \pm 3.5	151.9 \pm 16.8 ^(b)	25.68 \pm 1.89 ^(d)	6.19 \pm 0.64 ^(f)
DAn	192.5 \pm 10.6	159.7 \pm 21.9 ^(b)	25.32 \pm 1.66 ^(d)	5.71 \pm 0.47 ^(f)
D β car	191.4 \pm 9.1	164.5 \pm 15.3 ^(b)	24.77 \pm 1.90 ^(d)	5.67 \pm 0.63 ^(f)

The data are presented as the mean \pm SD ($n = 8$). Different superscript letters in the same column indicate statistically significant differences between groups ($p \leq 0.05$) as determined by one-way ANOVA and Tukey test. C: Control, CAn: Control + 0.09% annatto extract treatment, C β car: Control + 0.1% β -carotene treatment, D: Diabetic, DAn: Diabetic + 0.09% annatto extract treatment, D β car: Diabetic + 0.1% β -carotene treatment.

for 30 min, which allowed observation of the peak. The results were expressed as relative light units/30 min (RLU/30 min).

Opsonization of zymosan particles. Zymosan derived from the cell wall of *Saccharomyces cerevisiae* is rich in both β -glucan and mannan.⁽²⁸⁾ It has been widely used as a model fungal particle to study immune responses conducted by different innate and adaptive immunity cells.

Zymosan was opsonized by adding 900 μ L of PBS (pH 7.4) to 100 μ L of zymosan (13 mg/mL) as described in the study by Nogueira Machado *et al.*⁽²⁹⁾ The solution was then centrifuged for 2 min at 200 \times g. The supernatant was discarded and the pellet was resuspended in 200 μ L of fresh autologous serum and 800 μ L of Hank's (pH 7.35). This solution was incubated for 30 min in a 37°C water bath and shaken at 10 min intervals. Subsequently, the solution was centrifuged again for 2 min at 200 \times g; the supernatant was discarded, and the pellet was resuspended in 500 μ L of PBS. The volume of opsonized zymosan with serum (ZC3b) used for the experiments was 50 μ L.

Statistical analysis. The data were expressed as means \pm SD. All data were analyzed by D'Agostino & Pearson omnibus normality test. Data (Table 2) with normal distribution were analyzed by one-way analysis of variance (ANOVA), and differences were considered statistically significant for $p < 0.05$. Tukey's post-hoc test was used to determine the differences among the groups. For the remaining analysis we chose to use Student's unpaired t test. Tests were performed with GraphPad Prism version 4.00 for Windows (San Diego, CA).

Results

Evaluation of body weight, plasma glucose and glycosylated hemoglobin. Table 2 shows that there was no significant difference in initial weight among the groups. However, we observed a significant reduction in final weight in the animals in the diabetic groups (D, DAn and D β car) compared to the control groups (C, CAn and C β car). The animals in the diabetic groups also showed increased final blood glucose levels and glycosylation of hemoglobin when compared to the animals in the control groups. Treatment with annatto extract or β -carotene failed to improve the glycemic profiles of these animals.

Evaluation of ROS production in neutrophils. *In vitro*, the results presented in Table 3 show that isolated neutrophils incubated with annatto extract and β -carotene did not alter ROS production compared to basal metabolism of these cells. *In vivo*, the results presented in Fig. 1 show that neutrophils from diabetic animals produce significantly more ROS than their respective controls. Our results demonstrated that treatment with annatto extract and β -carotene significantly decreased ROS production in diabetic animals in 79% and 93%, respectively, indicating that annatto extract and β -carotene were effective at modulating ROS

Table 3. Evaluation of production of reactive oxygen species (ROS) in neutrophils incubated with annatto extract and β -carotene

Assay condition	Reactive oxygen species (RLU/min)
(1) Neutrophil + PBS	239.8 \pm 40.3 ^{N.S.}
(2) Neutrophil + Annatto	227.8 \pm 36.5 ^{N.S.}
(3) Neutrophil + β -carotene	207.3 \pm 32.8 ^{N.S.}

The data are presented as the mean \pm SD ($n = 5$). (1, 2) and (1, 3) indicate not significant differences ($p \geq 0.05$) as determined by Student's unpaired t test.

generation. To determine the role of NADPH oxidase in this process, we evaluated ROS production in neutrophils incubated with DPI, an inhibitor of NADPH oxidase. The results show that the DPI was able to significantly inhibit ROS production in all groups.

The results presented in Fig. 2 show that neutrophils from diabetic animals incubated with ZC3b particles produce significantly more ROS (4426.7 \pm 872.2) than their respective controls (847.0 \pm 201.5). However, when neutrophils from diabetic rats treated with annatto extract (2706.2 \pm 978.9) and β -carotene (1513.5 \pm 914.5) were incubated with ZC3b particles, there was a significant reduction in ROS release compared to untreated cells.

Evaluation of NO production in neutrophils. The results in Fig. 3 show that neutrophils from diabetic animals produce significantly more NO (0.77 \pm 0.02) than their respective controls (0.23 \pm 0.03). However, results demonstrated that treatment with annatto extract (0.27 \pm 0.02) and β -carotene (0.26 \pm 0.07) significantly decreased NO production in treated versus untreated diabetic animals, indicating that annatto extract and β -carotene were effective at modulating nitric oxide generation. The treatment did not alter nitric oxide production in neutrophils from control rats.

Evaluation of balance ROS/NO. We conducted a joint assessment of ROS and NO; for this experiment, we analyzed the percentage of activation or inhibition of both of these species in neutrophils from treated or untreated diabetic rats. The results presented in Fig. 4 show that the increased production of ROS in neutrophils from diabetic rats is accompanied by increased NO production. Treatment with β -carotene and annatto extract is capable of reducing both species. These results together suggest a balance between ROS and NO.

Discussion

The annatto dye is prepared by stirring annatto seeds in water and used to color butter and cheese; it is also widely used in Latin America to color rice and other foods.⁽³⁰⁾ Few studies have examined the hypoglycemic effects of annatto, and in most of these studies the experimental model used was the dog.⁽³¹⁾ Fernandes

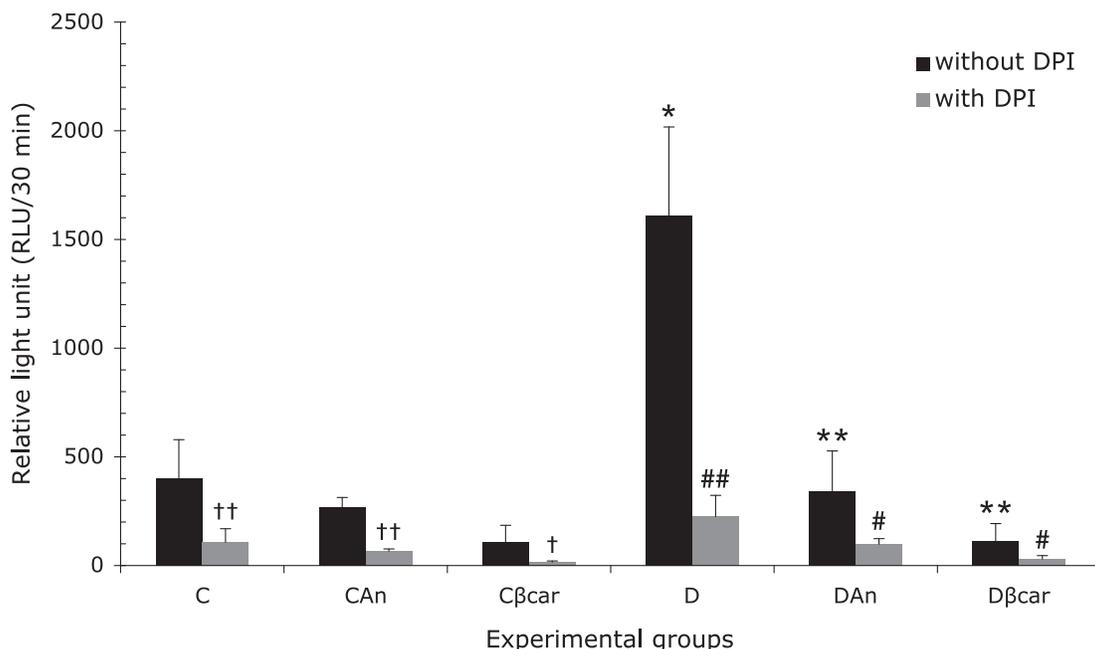


Fig. 1. Annatto extract and β -carotene treatment decreased reactive oxygen species (ROS) production in neutrophils from non-diabetic and diabetic rats. The data are presented as the means \pm SD. C: Control ($n = 8$), CAn: Control + 0.09% annatto extract treatment ($n = 7$), C β car: Control + 0.1% β -carotene treatment ($n = 8$), D: Diabetic ($n = 6$), DAn: Diabetic + 0.09% annatto extract treatment ($n = 10$), D β car: Diabetic + 0.1% β -carotene treatment ($n = 9$). * $p < 0.0001$ compared to C, ** $p < 0.0001$ compared to D, † $p < 0.05$ compared to ROS in C β car, †† $p = 0.0008$ compared to ROS D, ††† $p < 0.03$ compared to ROS in DAn and D β car.

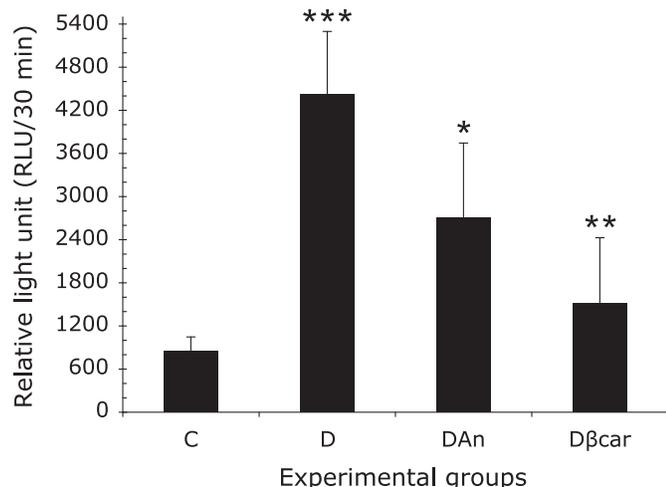


Fig. 2. Annatto extract and β -carotene decreased reactive oxygen species (ROS) production in neutrophils from diabetic rats after incubation with ZC3b particles. The data are presented as the means \pm SD. C: Control ($n = 8$), D: Diabetic ($n = 6$), DAn: Diabetic + 0.09% annatto extract treatment ($n = 10$), D β car: Diabetic + 0.1% β -carotene treatment ($n = 9$). *** $p < 0.0005$ compared to C, * $p < 0.05$ compared to D; ** $p < 0.001$ compared to D.

et al.,⁽³²⁾ show that the continuous ingestion of annatto extract or norbixin caused hyperglycemia in rats. In our experimental model, annatto was unable to alter the body weights, plasma glucose levels or glycosylated hemoglobin levels (Table 2) of diabetic animals. It is well known that one of the key elements in the development of diabetic complications is oxidative stress.⁽³³⁾

Previous studies in vascular endothelial cells and phagocytic leukocytes have linked the generation of superoxide and other ROS and the ensuing enhanced oxidative stress with hyperglycemia.^(34,35) Although multiple sources of ROS may be involved in diabetes, a major source of ROS that contributes to inflammatory lesions is the neutrophil NADPH oxidase.⁽³⁶⁾ Activated polymorphonuclear neutrophils produce and release a variety of ROS such as the superoxide anion ($O_2^{\cdot-}$) and hydrogen peroxide (H_2O_2). It is assumed that a plasma membrane-bound NADPH oxidase complex catalyzes a one-electron reduction of oxygen to $O_2^{\cdot-}$, which is then converted into H_2O_2 spontaneously or via the action of superoxide dismutase. The NADPH oxidase present in neutrophils is a multi-protein complex that comprises the following: 1) a membrane-bound flavocytochrome b composed of two subunits (p91phox and p22phox); 2) the cytosolic proteins p47phox, p67phox, and p40phox; and 3) the small G proteins Rac 2 and Rap A1.⁽³⁷⁾ Upon neutrophil activation some of the cytosolic proteins, mainly p47 phox, are phosphorylated, allowing the translocation of the complex composed of all the cytosolic proteins to the membrane, where they interact with flavocytochrome b.^(38,39) Fig. 1 shows a significant increase in ROS production in neutrophils from diabetic rats; these results are consistent with work by Ayilavarapu *et al.*,⁽⁴⁰⁾ who demonstrated that neutrophils from poorly controlled diabetic subjects generate significantly higher amounts of superoxide compared with healthy controls.^(5,41) However, our results showed, for the first time, that treatment with the annatto extract or with β -carotene was effective at reducing ROS production in the neutrophils of diabetic rats. To test our hypothesis that the NADPH oxidase complex is involved in the induction of ROS in neutrophils from diabetic rats, we conducted an experiment with DPI, an inhibitor of NADPH oxidase. Our results demonstrate that DPI was able to significantly inhibit ROS production in neutrophils from both control and diabetic rats; however, this inhibition was more pronounced in the rats with the disease. These data demonstrate the participation of the NADPH

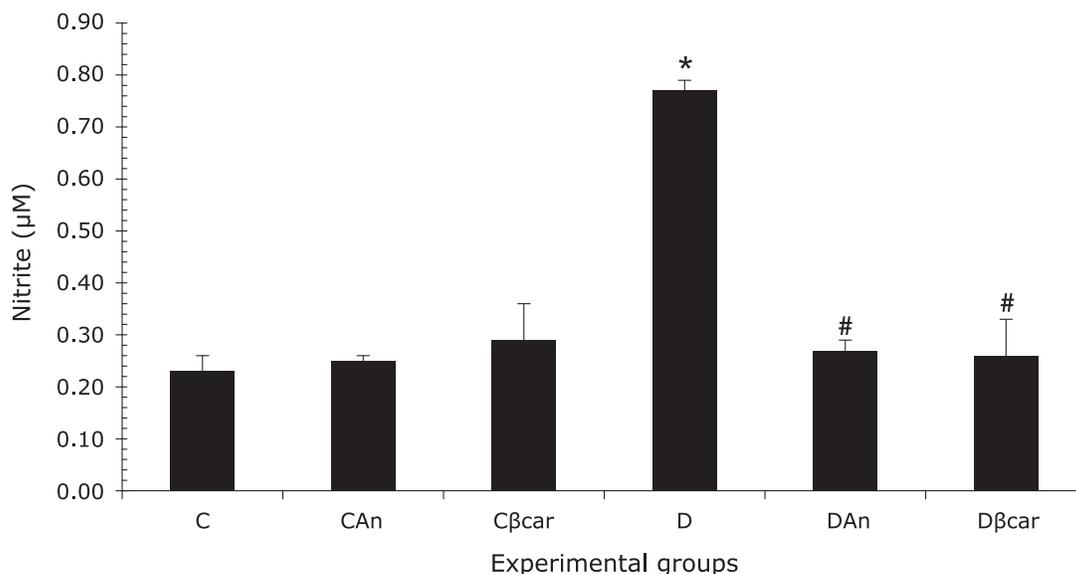


Fig. 3. Annatto extract and β -carotene decreased nitric oxide (NO) production in neutrophils from diabetic rats. The data are presented as the means \pm SD. C: Control ($n = 4$), CAn: Control + 0.09% annatto extract treatment ($n = 4$), C β car: Control + 0.1% β -carotene treatment ($n = 6$), D: Diabetic ($n = 4$), DAn: Diabetic + 0.09% annatto extract treatment ($n = 6$), D β car: Diabetic + 0.1% β -carotene treatment ($n = 6$). * $p < 0.0001$ compared to C, # $p < 0.0001$ as compared to D.

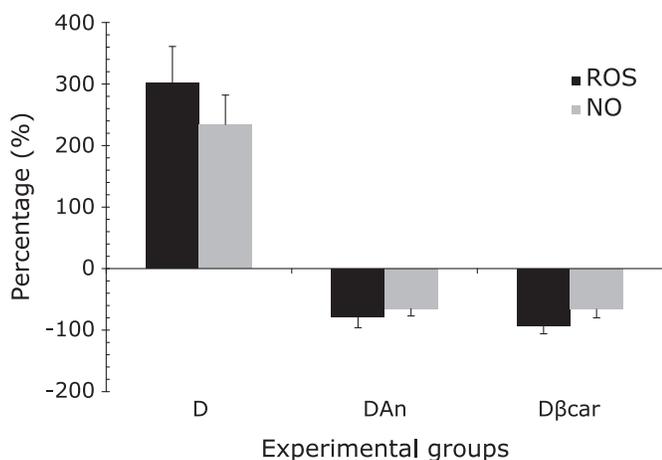


Fig. 4. Evaluation of ROS/NO balance in neutrophils from treated or untreated diabetic rats. The data are presented as the means \pm SD. D: Diabetic (ROS/NO), DAn: Diabetic + 0.09% annatto extract treatment (ROS/NO), D β car: Diabetic + 0.1% β -carotene treatment (ROS/NO).

oxidase complex in the exacerbation of ROS production-induced diabetes.

Neutrophils are the first effector cells recruited to the site of infection; there, they internalize, kill and digest bacteria and fungi. Binding of ligands to receptors such as complement receptor 3 (CR3) and Fc γ on neutrophils leads to phagocytosis by a process that involves actin polymerization and insertion of new membrane. After phagosome formation, effector mechanisms are activated to kill and digest particles; these mechanisms include the production of reactive oxygen species (ROS) and oxidized halides and the release of granule enzymes.⁽¹⁰⁾ The incubation of neutrophils from diabetic rats with opsonized particles of zymosan induced a significant increase in the production of ROS. The ZC3b particles bind both the FcR and CR receptors. This activation leads to the

generation of various ROS by these cells. However, pre-treatment with annatto was able to reduce ROS production in neutrophils from diabetic rats incubated with zymosan. These results lead us to conclude that the likely mechanism of action of the annatto extract is a regulation of gene expression or activity altered NADPH oxidase. Neutrophils isolated from rats treated with the annatto extract and incubated with zymosan were less responsive in ROS production, probably because NADPH oxidase was partially inhibited.

Moreover, the results (*in vitro*) presented in Table 3 leads us to refute the hypothesis that the annatto extract exerts a direct scavenger of reactive species produced by neutrophils, since neutrophils incubated with the annatto extract and beta carotene was not able to reduce ROS production when compared to basal metabolism these cells. Some literature data show that carotenoids may decrease $O_2^{\cdot-}$ production stimulated by NADPH oxidase.⁽⁴²⁾

Activated polymorphonuclear leukocytes (PMNs) produce not only ROS but also NO,^(43,44) which subsequently reacts with a $O_2^{\cdot-}$ to yield peroxynitrite anions (ONOO $^-$).⁽⁴⁵⁾ It has been observed that NO-derived peroxynitrite is an important mediator of free radical-dependent toxicity because of its strong oxidizing effects.⁽⁴⁶⁾ All of these radicals and their reactive derivatives are also released into extracellular spaces, where they indiscriminately break down biological macromolecules and, thus, exacerbate the injury to surrounding tissue.⁽⁴⁷⁾ Our results showed an increase in NO production induced by diabetes; however, in neutrophils from rats treated with β -carotene or annatto, there is a decrease in NO production. In the experiment depicted in Fig. 4, we performed a comparative analysis of the balance between ROS and NO and found that in neutrophils from diabetic rats the increase in ROS production is accompanied by increased production of NO. In these cells, treatment with β -carotene or annatto was able to simultaneously reduce ROS and NO production. The increased production of ROS and RNS by activated neutrophils and the concomitant decrease in antioxidant defensive capacity give rise to an oxidant/antioxidant imbalance that leads to oxidative stress.⁽⁴⁷⁾ Neutrophils are specialized for the release of ROS, nitric oxide (NO) and proteolytic enzymes. Both the superoxide anion radical and nitric oxide generate secondary reactive oxygen species

(ROS) and reactive nitrogen species (RNS). Physiologically, ROS/RNS formation performs an essential microbicidal function. Although the formation of reactive species is desirable for the host's defense, overproduction of these species can damage the body's own cells, cause tissue injury, and contribute to the development of a number of serious diseases. Thus, the modulation of their production is important for treatment of immune and inflammatory diseases.^(45,48–50) The antioxidant properties of annatto extract were also confirmed by further analysis the activity of superoxide dismutase (SOD), which indicated that animals treated with annatto extract (80.81 ± 1.92 inhibition rate, %) showed an increase in SOD activity than animals diabetics (71.07 ± 1.75 inhibition rate, %) (results not shown). Based on these observations, annatto extract may have therapeutic potential for modulation of ROS/NO in alloxan-induced diabetic rats.

Acknowledgments

This research was supported by the Fundação de Amparo à Pesquisa do Estado de Minas Gerais (FAPEMIG) – Processo APQ-02832-09, Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq) and Universidade Federal de Ouro Preto (UFOP), Brazil. We are grateful to Dr. José Augusto Nogueira-Machado for the density gradients (Leucopaque and Monopaque).

References

- Sies H, Jones DP. In: Fink G, ed. *Encyclopedia of Stress*. Vol 3. Elsevier; 2007, 45–48.
- Rösen P, Nawroth PP, King G, Möller W, Tritschlev HJ, Packer L. The role of oxidative stress in the onset and progression of diabetes and its complication: a summary of a Congress Series sponsored by UNESCO-MCBN, the American Diabetes Association and the German Diabetes Society. *Diabetes Metab Res Rev* 2001; **17**: 189–212.
- Wolff SP. Diabetes mellitus and free radicals. Free radicals, transition metals and oxidative stress in the aetiology diabetes mellitus and complication. *Br Med Bull* 1993; **49**: 642–652.
- Marin DP, Bolin AP, Macedo RCS, Sampaio SC, Otton R. Ros production in neutrophils from alloxan-induced diabetic rats treated *in vivo* with astaxanthin. *Int Immunopharmacol* 2011; **11**: 103–109.
- Hand WL, Hand DL, Vasquez Y. Increased polymorphonuclear leukocyte respiratory burst function in type 2 diabetes. *Diabetes Res Clin Pract* 2007; **76**: 44–50.
- Omori K, Ohira T, Uchida Y, et al. Priming of neutrophil oxidative burst in diabetes requires preassembly of the NADPH oxidase. *J Leukoc Biol* 2008; **84**: 292–301.
- Marletta MA, Yoon PS, Iyengar R, Leaf CD, Wishnok JS. Macrophage oxidation of L-arginine to nitrite and nitrate: nitric oxide is an intermediate. *Biochemistry* 1998; **27**: 8706–8711.
- Hibbs JB Jr., Taintor RR, Vavrin Z, Rachlin EM. Nitric oxide: a cytotoxic activated macrophage effector molecule. *Biochem Biophys Res Commun* 1988; **157**: 87–94.
- Ardestani A, Yazdanparast R, Jamshidi Sh. Therapeutic effects of Teucrium polium extract on oxidative stress in pancreas of streptozotocin-induced diabetic rats. *J Med Food* 2008; **11**(3): 525–532.
- Radi R, Beckman JS, Bush KM, Freeman BA. Peroxynitrite oxidation of sulfhydryls. The cytotoxic potential of superoxide and nitric oxide. *J Biol Chem* 1991; **266**(7): 4244–4250.
- Chaudière J, Ferrari-Iliou R. Intracellular antioxidants: from chemical to biochemical mechanisms. *Food Chem Toxicol* 1999; **37**: 949–962.
- Wohaieb SA, Godin DV. Alteration in free radical tissue-defense mechanisms in streptozotocin-induced diabetes in rats. Effects of insulin treatment. *Diabetes* 1987; **36**: 1014–1018.
- Osawa T, Kato Y. Protective role of antioxidative food factors in oxidative stress caused by hyperglycemia. *Ann NY Acad Sci* 2005; **1043**: 440–451.
- Rao AV, Rao LG. Carotenoids and human health. *Pharmacol Res* 2007; **55**: 207–216.
- Krinsky NI, Johnson EJ. Carotenoid actions and their relation to health and disease. *Mol Aspects Med* 2005; **26**: 459–516.

Conflicts of Interests

The authors declare no conflicts of interest that are relevant to this article.

Abbreviations

ALX	alloxan
An	annatto extract
C	control group
CAn	control + annatto extract group
Cβcar	control + β-carotene group
D	diabetic group
DAn	diabetic + annatto extract group
DPI	diphenylene iodonium
Dβcar	diabetic + β-carotene group
NO	nitric oxide
PMNs	polymorphonuclear leukocytes
RLU	relative light unit
RNS	reactive nitrogen species
ROS	reactive oxygen species
ZC3b	opsonized zymosan

- Júnior AC, Asad LM, Oliveira EB, Kovary K, Asad NR, Felzenszwalb I. Antigenotoxic and antimutagenic potential of an annatto pigment (norixin) against oxidative stress. *Genet Mol Res* 2005; **4**(1): 94–99.
- Levy LW, Regalado E, Navarrete S, Watkins RH. Bixin and norixin in human plasma: determination and study of the absorption of a single dose of annatto food color. *Analyst* 1997; **122**: 977–980.
- Kiokias S, Gordon MH. Dietary supplementation with a natural carotenoid mixture decreases oxidative stress. *Eur J Clin Nutr* 2003; **57**: 1135–1140.
- Reddy MK, Alexander-Lindo RL, Nair MG. Relative inhibition of lipid peroxidation, cyclooxygenase enzymes, and human tumor cell proliferation by natural food colors. *J Agric Food Chem* 2005; **53**: 9268–9273.
- Reeves PG, Nielsen FH, Fahey GC Jr. AIN-93 purified diets for laboratory rodents: final report of the American Institute of Nutrition ad hoc writing committee on the reformulation of the AIN-76A rodent diet. *J Nutr* 1993; **123**: 1939–1951.
- Colégio Brasileiro de Experimentação Animal. Princípios éticos na experimentação animal do Colégio Brasileiro de Experimentação Animal. São Paulo: COBEA, 1991.
- Association of Official Analytical Chemists. Official methods of analysis. Washington, DC: Association of Official Analytical Chemists, 1980.
- Bicalho HM, Gontijo MC, Nogueira-Machado JA. A simple technique for simultaneous human leukocytes separation. *J Immunol Methods* 1981; **40**: 115–116.
- Martins Chaves, Rocha-Vieira E, Pereira dos Reis A, de Lima e Silva R, Gerzstein NC, Nogueira-Machado JA. Increase of reactive oxygen (ROS) and nitrogen (RNS) species generated by phagocytosing granulocytes related to age. *Mech Ageing Dev* 2000; **119**: 1–8.
- Fäldt J, Ridell M, Karlsson A, Dahlgren C. The phagocyte chemiluminescence paradox: luminol can act as an inhibitor of neutrophil NADPH-oxidase activity. *Luminescence* 1999; **14**(3): 153–160.
- Rinaldi M, Moroni P, Paape Mj, Bannerman DD. Evaluation of assays for the measurement of bovine neutrophil reactive oxygen species. *Vet Immunol Immunopathol* 2007; **115**: 107–125.
- Freitas M, Lima JL, Fernandes E. Optical probes for detection and quantification of neutrophils' oxidative burst. A review. *Anal Chim Acta* 2009; **649**(1): 8–23.
- Di Carlo FJ, Fiore JV. On the composition of zymosan. *Science* 1958; **127**: 756–757.
- Nogueira-Machado JA, Lima e Silva FC, Mares-Guia ML, Costa DC, Chaves MM. Discrimination between granulocytes from type I and type II diabetes patients by calorimetry. *Thermochimica Acta* 2003; **395**: 115–120.
- Oboh G, Akomolafe TL, Adefegha SA, Adetuyi AO. Inhibition of cyclo-

- phosphamide-induced oxidative stress in rat brain by polar and non-polar extracts of Annatto (*Bixa orellana*) seeds. *Exp Toxicol Pathol* 2011; **63**: 257–262.
- 31 Russell KR, Morrison EY, Ragoobirsingh D. The effect of annatto on insulin binding properties in the dog. *Phytother Res* 2005; **19**: 433–436.
 - 32 Fernandes AC, Almeida CA, Albano F, *et al.* Norbixin ingestion did not induce any detectable DNA breakage in liver and kidney but caused a considerable impairment in plasma glucose levels of rats and mice. *J Nutr Biochem* 2002; **13**: 411–420.
 - 33 Rösen P, Nawroth PP, King G, Möller W, Tritschler HJ, Packer L. The role of oxidative stress in the onset and progression of diabetes and its complications: a summary of a Congress Series sponsored by UNESCO-MCBN, the American Diabetes Association and the German Diabetes Society. *Diabetes Metab Res Rev* 2001; **17**: 189–212.
 - 34 Bellin C, de Wiza, Wiernsperger NF, Rösen P. Generation of reactive oxygen species by endothelial and smooth muscle cells: influence of hyperglycemia and metformin. *Horm Metab Res* 2006; **38**: 732–739.
 - 35 Ding Y, Kantarci A, Hasturk H, Trackman PC, Malabanan A, Van Dyke TE. Activation of RAGE induces elevated O₂⁻ generation by mononuclear phagocytes in diabetes. *J Leukoc Biol* 2007; **81**: 520–527.
 - 36 Shurtz-Swirski R, Sela S, Herskovits AT, *et al.* Involvement of peripheral polymorphonuclear leukocytes in oxidative stress and inflammation in type 2 diabetic patients. *Diabetes Care* 2001; **24**: 104–110.
 - 37 Forman HJ, Torres M. Redox signaling in macrophages. *Mol Aspects Med* 2001; **22**: 189–216.
 - 38 Klinka M, Jastrzebska K, Bednarska K, Banasik M, Sulowska Z. Effect of nitric oxide donors on NADPH oxidase signaling pathway in human neutrophils *in vitro*. *Immunobiology* 2009; **214**: 692–702.
 - 39 Brandes RP, Kreuzer J. Vascular NADPH oxidases: molecular mechanisms of activation. *Cardiovasc Res* 2005; **65**: 16–27.
 - 40 Ayilavarapu S, Kantarci A, Fredman G, *et al.* Diabetes-induced oxidative stress is mediated by Ca²⁺ independent phospholipase A2 in neutrophils. *J Immunol* 2010; **184**(3): 1507–1515.
 - 41 Gupta A, Tripathi AK, Tripathi RL, Madhu SV, Banerjee BD. Advanced glycosylated end products mediated activation of polymorphonuclear neutrophils in diabetes mellitus and associated oxidative stress. *Indian J Biochem Biophys* 2007; **44**: 373–378.
 - 42 Monroy-Ruiz J, Sevilla MÁ, Carrón R, Montero MJ. Astaxanthin-enriched diet reduces blood pressure and improves cardiovascular parameters in spontaneously hypertensive rats. *Pharmacology Res* 2011; **63**: 44–50.
 - 43 Schmidt HHHW, Seifert R, Böhme E. Formation and release of nitric oxide from human neutrophils and HL-60 cells induced by a chemotactic peptide, platelet activating factor and leukotriene B₄. *FEBS Lett* 1989; **244**: 357–360.
 - 44 Stolarek R, Kula P, Kurmanowska Z, Nowak D. Effect of various agonists on nitric oxide generation by human polymorphonuclear leukocytes. *Int J Clin Lab Res* 1998; **28**: 104–109.
 - 45 Ren J, Chung SH. Anti-inflammatory effect of alpha-linolenic acid and its mode of action through the inhibition of nitric oxide production and inducible nitric oxide synthase gene expression via NF-kappaB and mitogen-activated protein kinase pathways. *J Agric Food Chem* 2007; **55**: 5073–5080.
 - 46 Radi R, Cosgrove TP, Beckman JS, Freeman BA. Peroxynitrite-induced luminol chemiluminescence. *Biochem J* 1993; **290**: 51–57.
 - 47 Braga PC, Sambataro G, Dal Sasso M, Culici M, Alfieri M, Nappi G. Antioxidant effect of sulphurous thermal water on human neutrophil bursts: chemiluminescence evaluation. *Respiration* 2008; **75**: 193–201.
 - 48 Levine SJ. Bronchial epithelial cell-cytokine interactions in airway inflammation. *J Investig Med* 1995; **43**: 241–249.
 - 49 Müns G, Rubinstein I, Singer P. Phagocytosis and oxidative burst of granulocytes in the upper respiratory tract in chronic and acute inflammation. *J Otolaryngol* 1995; **24**: 105–110.
 - 50 Lojek A, Pecivova J, Macickova T, Nosal R, Papezikova I, Ciz M. Effect of carvedilol on the production of reactive oxygen species by HL-60 cells. *Neuro Endocrinol Lett* 2008; **29**: 779–783.