

RICKETTSIAL SPOTTED FEVER IN CAPOEIRÃO VILLAGE, ITABIRA, MINAS GERAIS, BRAZIL

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SUMMARY

The present study investigated the infection by spotted fever rickettsia in an endemic area for Brazilian spotted fever (BSF; caused by *Rickettsia rickettsii*) in Minas Gerais State, Brazil. Human, canine and equine sera samples, and *Amblyomma cajennense* adult ticks collected in a rural area of Itabira City, Minas Gerais State were tested for rickettsial infection. Through Immunofluorescence Assay (IFA) we demonstrated the presence of antibodies anti-*R. rickettsii* in 8.2%, 81.3% and 100% of the human, canine and equine sera, respectively. None of the 356 tick specimens analyzed were positive for *Rickettsia* by the hemolymph test or Polymerase Chain Reaction technique (PCR) for the *htrA* and the *gltA* genes. Our serological results on horses and dogs (sentinels for BSF) appoint for the circulation of a SFG *Rickettsia* in the study area, however in a very low infection rate among the *A. cajennense* tick population.

KEYWORDS: Spotted fever; *Rickettsia rickettsii*; Indirect Immunofluorescence Assay; PCR; Itabira.

INTRODUCTION

Rickettsiae are strictly intracellular bacteria, transmitted to humans mainly by infected arthropods. The genus *Rickettsia* has been classically divided into two groups, the typhus group (TG) and the spotted fever group (SFG), which has ticks as their major reservoirs²⁵.

Brazilian spotted fever (BSF) is a tick borne disease caused by the bacterium *Rickettsia rickettsii*, a SFG rickettsia. BSF was initially reported in Brazil in 1929²⁷, and has been increasingly reported over the last 20 years. Cases are known to occur in the Southeastern states of São Paulo, Minas Gerais, Rio de Janeiro, and Espírito Santo^{7,17,19,20,21,29,32}. Minas Gerais has been reported as the highest prevalence state¹⁷, although São Paulo has an increasing number of cases reported recently⁵. The main vector of BSF is the tick *Amblyomma cajennense*^{9,30}, although in areas of the Atlantic rain forest *Amblyomma aureolatum* has also been identified as a vector²⁶. The *A. cajennense* has a low parasitic specificity and is the main tick infesting humans in Brazil^{1,13}. Horses (*Equus caballus*), tapirs (*Tapirus terrestris*) and capybaras (*Hydrochoerus hydrochaeris*) are considered its main primary hosts in Brazil¹³.

We performed a serological survey with humans and animals and collected ticks and epidemiological data related to Brazilian Spotted Fever in a BSF-endemic area of Minas Gerais State, Brazil.

MATERIAL AND METHODS

Study area: The study was performed in Capoeirão Village (Fig. 1),

a rural area of Itabira Municipality, Minas Gerais State, southeastern Brazil (19°43'30.8S, 43°15'39.2 W). It is considered an endemic area for BSF within the state. From 1999 to April 2002, 18 cases of BSF from Capoeirão Village were reported to the Itabira Health System. Only seven of these cases were laboratory-confirmed as BSF by IFA, from which three of them resulted in death. Two other cases without serological confirmation were also fatal, although they were clinically

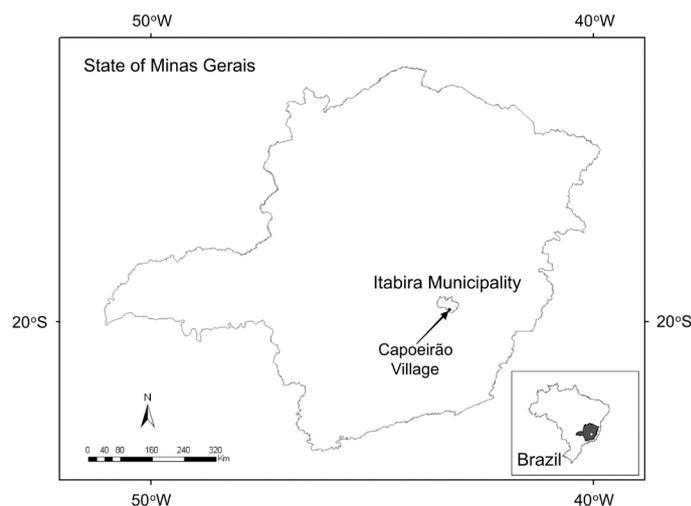


Fig. 1 - Localization of Capoeirão Village, within Itabira Municipality in the State of Minas Gerais, Brazil.

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and pathologically compatible with BSF. The remaining nine cases were not fatal and were not laboratory-confirmed. The village is surrounded by mountains and is isolated from other inhabited areas. Horses and dogs have free access to forest areas surrounding the village. Houses were built with wood or adobe and many of them were not served with treated water. Human occupations were agriculture, hunting, and lumberjack for men and household activities for women. The village population at the time of this study was estimated to be 80 persons. All of them were African-Americans and most of the families were blood related.

Human and domestic animals: During February 2000, nurses from Itabira Municipal Hospital collected blood samples from 73 human residents of the village. The remaining human residents (≈ 7 persons) did not agree having their blood drawn or were newborns. At that time each household was instructed to complete an epidemiology questionnaire. Blood samples were also collected from all equids present in the village (a total of 11 horses and three donkeys), and from 16 domestic dogs. Many other dogs were away from the village at collection time and could not be bled. All serum samples were centrifuged at 2,500 rpm (10 min), aliquoted, transported to the Parasitic Diseases Laboratory, Faculty of Veterinary Medicine, São Paulo University and kept frozen until used. The present study was submitted to and approved by the Research Ethics Committee of the University of São Paulo.

Immunofluorescence Assay (IFA): IFA was performed with *R. rickettsii* antigen as previously described³⁵. Sera were diluted in Phosphate Buffered Saline solution (PBS) and screened at the 1:64 dilution. Briefly, 10 microliters of diluted sera were added to each well of the antigen slides, the slides were incubated, washed, then incubated with fluorescein isothiocyanate-labeled goat anti-human IgG, goat anti-horse IgG, or goat anti-dog IgG (Kirkegaard and Perry Laboratories, Inc., Gaithersburg, MD) and washed again. The slides were mounted with Gel Mount (Biomed, Foster City, CA) under coverslips. The slides were read using an ultraviolet microscope (BX60; Olympus, Tokyo, Japan) at 400 \times magnification. On each slide, a serum previously shown to be non-reactive (negative control) and a known reactive serum (positive control) were tested. Sera reacting at the screening dilution (1:64) were then tested in serial two-fold dilutions to determine the endpoint titer.

Ticks: Ticks were collected during February of two consecutive years (2000 and 2001), since the period between November and March is reported as the season with highest activity of the adult stage of *A. cajennense*^{14,23}. Unfed adult ticks were obtained from the pastures by dragging and from the forest by CO₂ traps²³. On the first year, ticks were also manually collected while attached to horses and dogs due to a low number obtained from the pastures and forest areas. All ticks were stored in appropriate containers and transported by vehicle to the laboratory in São Paulo, where they were kept for at least 24 h at 23 °C and 90% humidity, for reestablishment of their hydric balance.

Hemolymph test: The hemolymph test was performed as previously described². Briefly, each tick had one to two drops of hemolymph deposited on a glass slide, air dried and stained by the Gimenez method⁸. Ticks were frozen at -80 °C until used for DNA extraction. At this time ticks were also taxonomically identified.

DNA extraction: Ticks were individually processed for DNA extraction. Each tick was washed with 70% alcohol for 10 minutes, rinsed

in sterile water and air-dried. Free-living ticks were longitudinally cut with a sterile razor, one of the halves stored frozen for further studies. Engorged ticks had the legs cut and used for DNA extraction, in order to avoid the presence of animal blood and its inhibitors¹¹. DNA extraction was performed using the guanidine thiocyanate protocol, as described by SANGIONI *et. al.*³⁰.

Polymerase Chain Reaction (PCR): Five microliters of extracted DNA was used as a template for each reaction. Portions of the *htrA* and *gltA* genes (citrate synthase) were targeted for detection and characterization, respectively. A PCR was employed for the *htrA* gene as previously described³⁴ and followed by a nested-PCR. The nested primers were described by SCHRIEFER *et al.*³¹. Primers and PCR conditions for the *gltA* gene were described by REGNERY *et al.*²⁸. Ten microliters of PCR product underwent electrophoresis in 2% agarose gel, which was ethidium bromide stained and observed under UV light. Negative and positive controls were included in each set of reactions. *A. cajennense* experimentally infected with *Rickettsia parkeri*³⁰ were used as positive controls.

RESULTS

IFA: Sera with titers ≥ 64 were considered positive. Antibodies anti-*R. rickettsii* were detected in six (8.2%), 13 (81.3%), 11 (100%), and three (100%) of the human, canine, horse, and donkey sera, respectively (Table 1).

Ticks: All collected ticks were identified as *A. cajennense*. From a total of 356 specimens, 140 were collected from animals and 216 were free-living ticks. None of the specimens presented a positive result on the hemolymph test. The ticks were also all negative for the PCR technique, both for the *htrA* and the *gltA* gene proteins. In all reactions the positive controls (*R. parkeri* infected ticks DNA) demonstrated the expected bands. Besides *A. cajennense*, the only other tick species found in the village were *Anocentor nitens* on the horses and *Boophilus microplus* on cattle. These ticks were not collected for the present study.

Epidemiological data: Fourteen questionnaires were obtained out of 16 families living in the village. In 14 families, at least one person used to go inside forest areas at least once a month, but frequently men would go daily. All respondents referred to have seen ticks on their clothing and/or skin, as well as parasitizing their dogs. All but one referred to have been bitten by ticks. The human age range in the village was 3-82 years old (mean: 28.2 \pm [20.9]). Eleven families had dogs, but only one kept their dogs enclosed on the yard. Dogs had free access to forest areas and usually would go along with their owners for hunting. Most dogs had also free access to the home indoors. The only tick control method applied on the dogs was sporadic fumigation by the Itabira Municipality Service. There was no fence between pastures and forest areas and there was no enclosed area for the horses. Equines received sporadic fumigation for tick control, along with the dogs. Other domestic animals present in the village in order of frequency were cattle, chickens, ducks, pigs and one cat. Wild animals commonly seen around the village were rabbits (*Sylvilagus brasiliensis*), opossums (*Didelphis* sp.), and cavies (*Cavia aperea*), followed by foxes (*Cerdocyon thous*), nutria (*Myocastor coypus*), armadillos (*Dasyus* sp.), coatis (*Nasua nasua*), and pacas (*Agouti paca*). There was no report of capybaras (*Hydrochoerus hydrochaeris*) or tapirs (*Tapirus terrestris*) in the area.

Table 1
Results of IFA for *R. rickettsii* antigen tested with human and animal sera from Capoeirão Village, Minas Gerais State, Brazil

Sera	Tested sera	Number of reactive sera according to the IFA titers							Total (%)
		64	128	256	512	1,024	2,048	4,096	
Humans	73	4	0	1	1	0	0	0	6 (8.20)
Dogs	16	10	3	0	0	0	0	0	13 (81.3)
Horses	11	0	0	1	3	3	2	2	11 (100)
Donkeys	3	0	0	1	1	1	0	0	3 (100)

DISCUSSION

We found 100% of equines, 81.3% of dogs and 8.2% of humans with serologic evidence of spotted fever group rickettsial infection. This pattern of a higher frequency of serological positivity among horses, followed by dogs and humans is similar to others BSF-endemic areas where *A. cajennense* has been incriminated as the vector^{6,12,17,18,30}. However, the prevalence rates reported in the present study are higher than those reported in others studies performed in Brazil. This difference might be related to the high endemicity of the area (as indicated by several human cases of BSF reported during the time of the present study) and to the frequent contact between humans, wild animals and domestic animals.

Horses are one of the primary hosts for *A. cajennense* ticks and have been previously shown to be a useful sentinel animal^{12,18,30}; our results confirm this fact. We found 100% of the animals to be reactive, with antibody titers as high as 4,096. All donkeys were also reactive, in spite of the significant resistance that they demonstrate against *A. cajennense* ticks⁴. To the best of our knowledge, this is the first report of serologically positive donkeys for *R. rickettsii* antigens.

IFA is the gold standard method for serological diagnosis of rickettsial infections¹⁶ but it presents some cross reactivity. Antibody titers against *R. rickettsii* are solely a proof of infection by a SFG rickettsia. Nevertheless, the high levels of antibody titers (1,024 to 4,096) detected in seven horses and one donkey are a strong indicator of *R. rickettsii* being the cause of infection.

A high prevalence was also found among dogs, 81.3% of them had antibody titers of 64 and 128. This prevalence value is higher than others previously reported for dogs from BSF-endemic areas in Minas Gerais (13.68%) and São Paulo (25 to 66%)^{12,17,18}. In spite of horses been a better sentinel animal for BSF (as they are primary hosts for *A. cajennense* ticks), dogs can be responsible for bringing infected ticks to the home environment and increasing the risk of human infection.

In the present study, four out of six humans with detectable antibodies against *R. rickettsii* had a history of BSF: three had been hospitalized and medicated, and one had been treated without any symptoms, because in a previous field research he presented detectable antibodies for *R. rickettsii* (data not shown). The remaining two were children (nine and 11 years old) that had never showed any symptoms. The mother of the youngest children had died five months earlier due to a confirmed case of BSF. The 11-year old child was the only female among the six persons with anti-*R. rickettsii* antibodies.

A number of host factors appear to affect the severity of human infection due to *R. rickettsii*. Increasing age is followed by a higher fatality³³, males have higher risk of dying than females despite the age group¹⁰ and glucose 6-phosphate dehydrogenase (G6PD) deficiency, commonly identified in black individuals, seems related to severe and/or fatal disease. In the United States this deficiency affects approximately 12% of African-American males (CDC webpage). We do not have any data on the G6PD deficiency for the villagers but the fact they are all African descendents and several fatal cases have been reported for the area might be an indicator of such deficiency.

In our study we collected 356 *A. cajennense* adult ticks and none of them demonstrated to contain rickettsiae by the hemolymph test or by PCR. In a previous work, 810 adult *A. cajennense* ticks from three farms in a São Paulo BSF-endemic area were tested and none of them was infected by rickettsiae³⁰. On the other hand, also in Brazil, GUEDES *et. al.*⁹ reported at least one (1.28%) *R. rickettsii*-infected *A. cajennense* tick out of 78 specimens collected from a BSF-endemic area at Coronel Pacheco, Minas Gerais, and PINTER & LABRUNA²⁶ reported six (0.89%) out of 669 *A. aureolatum* ticks infected by *R. rickettsii* in a BSF-endemic area of the state of São Paulo. Earlier studies performed with *Dermacentor variabilis* ticks in endemic areas of the United States reported 0.05 to 1.3% of *R. rickettsii*-infected ticks. In one of these areas, only one out of 2,123 ticks was infected³. Even though the infection rates of *R. rickettsii* in its vector populations seems to be a dynamic process, the lethal effect of *R. rickettsii* for the ticks is a possible cause of low rates of infected adults, as it has been demonstrated in *Dermacentor andersoni* ticks²². Thus, as in the study performed by SANGIONI *et. al.*³⁰, it is possible that we would have detected rickettsial DNA if we had examined a larger sample of ticks.

Low rates of infected adult ticks in endemic areas lead us to consider the importance of vertebrate hosts and their influence in the maintenance of rickettsiae in nature. It is known that some small animals are highly susceptible to rickettsial infections and could behave as amplifier hosts³. In Brazil, capybaras are believed to play an important role in the ecology of BSF^{15,24}. Unlike others BSF-endemic areas^{12,18,30}, capybaras seem to be absent in Capoeirão Village. Further studies are needed to identify the animal(s) involved in the ecology of BSF in the present area.

The Itabira Municipal Health Department had initiated a preventive program in Capoeirão Village in 1999. The program included visits to the village in order to perform tick control fumigation on animals, and guidance for the villagers about different ways of avoiding home infestation by ticks. Every villager would also have a special identity card,

to be used at any health unit, with summarized instructions to doctors/nurses related to BSF possible infection.

Cases of BSF had decreased in Itabira during the last years. One of the reasons for this marked decrease might be the smaller size of the *A. cajennense* population in the village, due to intensive acaricide usage promoted by the Municipality Health Department. However, unknown causes driving the dynamics of *R. rickettsii* within tick populations might also have played a role.

RESUMO

Rickettsiose do grupo da febre maculosa na Vila de Capoeirão, Itabira, Minas Gerais, Brasil

O presente estudo investigou a infecção por rickettsias do grupo da febre maculosa (GFM) em área endêmica para febre maculosa brasileira (FMB; causada por *Rickettsia rickettsii*) no Estado de Minas Gerais, Brasil. Amostras de soros de humanos, cães e equídeos, e carrapatos *Amblyomma cajennense* adultos colhidos em um povoado rural em Itabira, Minas Gerais foram testados para infecção por *Rickettsia*. Pela Reação de Imunofluorescência Indireta (RIFI) foram detectados anticorpos anti-*R. rickettsii* em 8,2% dos soros humanos, 81,3% dos cães e em 100% dos equídeos. Nenhum dos 356 carrapatos se mostrou positivo para *Rickettsia* no teste de hemolinfa e na reação em cadeia pela polimerase (PCR) objetivando amplificar fragmentos de DNA dos genes *htrA* and the *gltA*. Os resultados sorológicos em equinos e cães (sentinelas para FMB) apontam para a circulação de uma rickettsia do GFM na área do estudo, porém, numa frequência de infecção muito baixa na população do carrapato *A. cajennense*.

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